



# Reading4Normal Book Club

## Guidance Notes

### **Lisa Williamson *First Day of My Life***

We hope you enjoy reading *First Day of My Life*. It is a fast-paced story set in Nottingham and Swindon about three teenagers and a missing baby. Filled to the brim with mystery and drama, this book explores some of the messy ups and downs of friendship. It also asks important questions about how to do the right thing and whether adults always know best. The Reading4Normal Book Club is all about your responses to the novel, especially how it makes you feel about your own life.

As you read *First Day of My Life*, you might want to note down any examples of things that seem normal or ordinary to you:

- write down the page number
- add a short description of what's going on in your example
- add a sentence or two about how this example makes you feel and how it is similar or different to your life now

Here are some suggestions from the book to get you started:

p. 9: Getting exam results

p.30 Watching the news

p. 97 Travelling by train

p. 115: Being in hospital

There are no right or wrong ways to complete this activity, so just have some fun with your responses. You can also write about other bits of the novel that interest you if you would like – how you feel about the characters, the storyline, or the style.